

CALTON CURRICULUM - PSHE and RSE VOCABULARY PROGRESSION

	EYFS	Y1	Y2	Y3/4	Y5	Y6
Being my in my own world	Myself, belong similar, different, kind, gentle, rights, responsible, feelings	Safe, class charter, views, value, contribute, achievement, choices, consequence, rights and responsibilities	Hope, fear, fair, reward (consequence)	Included, excluded, community, roles, democracy, empathise, benefits, personal, point of view	British citizen	Universal rights,
Celebrating Differences	Special, different, home, Friend, stand up, kind	Bully, similarities, differences, unique	Assumption, stereotypes	Judge, appearance, target, first impression,	Cultural difference, racism, rumour spreading, name- calling, indirect, direct, developing world.	Different, perceptions, disability, power
Dreams and Goals	Persevere, challenges, achieve, goal, encourage, job, proud, help	Success , succeed, learn, achievement, challenge, overcome,	Realistic, (persevere), Cooperatively, strengths, contributing	Disappointment, ambitions, managing feelings	Career, financial success, charity, long-term	Challenging but realistic, success criteria, evaluating, recognition
Healthy Me	Exercise, body, healthy, moving, resting, healthy eating, sleep	Unhealthy, choices, clean, disease, illness, medicine	Weak, strong, stressed, relaxed, safely, energy.	Dynamics, alcohol, smoking, pressure, drug	Tobacco, health risks, misusing, anti-social behaviour, emergency aid, disorder	Alteration/altering, mood, evaluate, mental health, stress
Relationships	Family, lonely, solve, problems, impact, manage feelings	Physical contact, important, community, preference, acceptable, unacceptable, relationship, appreciate	Cooperate, conflict, point of view, positive problem, solving, secret, trust, compliment.	Distant, close, roles, diverse	Accurate, characteristics, personal qualities, boyfriend/girlfriend, attracted, attributes, self-esteem, age limit, responsibility, risky, social network, community, violence, trolling, trustworthy, mental health, physical health, screen time	Significant, grief, grieve, loss
Changing Me	Body parts - eye, ear, knee, fingers, foot, mouth, nose, stomach, eyebrow, arm, tongue, toe, forehead, chest, hand, leg, baby, adult, grow	Life cycle, animal, human, changes, penis, testicles, vagina, anus, respect, private, coping, anxious	Nature, control, independent, responsibilities	Year 3: Conception, develop, mother, uterus, Year 4: Egg, sperm, internal, external, menstruation (periods)	Self-image, body image, physically, emotionally, sexual intercourse, teenager, age of consent, puberty, menstruation, period, ovary, vagina, uterus (womb), tampon, penis, sperm, testicles, ejaculation, hormones, conception, pregnancy, embryo ,foetus.	Pregnancy, teenager, birth