

How will Wilderness Explorers help my child?

Exploring the outdoors will improve children's development, support with mental health and wellbeing. It will also deepen children's understanding of nature enabling them to form connections with the natural environment and engages learning.

Children will be given the opportunity to explore, learn and discover nature at their own pace. It is an opportunity to stimulate children's imagination, creativity and curiosity using natural resources.



What will my child need to wear?

Children will need clothes that are suitable for the weather at any particular time of year. As weather begins to turn cold, this can include as many layers as you see fit.

Please provide the following for your child:

- Pair of wellington boots or sturdy shoes.
- Long sleeved top (tops in cold weather).
 - Pair of jogging bottoms
 - Waterproof Coat

What happens if it is raining?

We will still head out if it is raining unless it thunders or extremely windy. Your child may wish to bring waterproof trousers to put on over their jogging bottoms.

Wilderness Explorers!

At



CALTON
PRIMARY SCHOOL

Information for Parents



What activities will my child do?

Your child's Wilderness Explorers session will be varied and will depend on your child's own interests and current learning.

Some activities may include:

Potion and pies

Seed bombs

Shelter/ den building

Tree faces

Who's been framed?

Bug hunt

Scavenger Hunt

Mud painting



Our activities will be child centred to encourage their holistic development so they can learn about themselves (self-esteem), others (sharing, discussing, taking turns), resilience (overcoming difficulties and facing challenges) and nature (admiring the beauty around and learn to respect nature).

The adults will encourage children to share their skills with each other.

What are the learning opportunities?

Children will learn in a variety of ways and Wilderness Explorers provides further opportunities for children to flourish, gain independence and develop their self-esteem.

Children will achieve this through small, achievable tasks, taking and managing their own risks, child-led learning and teamwork.

